

OLD ADDINGTON: ROWE'S FORGE



This photo of Rowe's Shoeing Forge graces the toilet wall of the Addington Coffee Co-op at 297 Lincoln Road.

William Rowe was born in Penzance, Cornwall in 1839 and grew up to become a blacksmith. Due to declining work opportunities at home, William and his young wife, Selina, set sail for New Zealand on the tea-clipper *Lancashire Witch*. First they settled in Auckland then moved to Christchurch where, in 1870, William registered his business as a blacksmith in Addington on a site just behind where Addington Coffee Co-op is today. His family lived at 130 Lincoln Road and William leapt onto his bike to go back and forth to his business.

Selina died in 1877 at the age of only 32, and was buried in Addington Cemetery. William was left with four children, the youngest only 18 months old. Two years later, he married a 36 year-old widow, Mary Jane Heron.

Besides shoeing horses, William made tools and other household goods. He was joined by his sons, Bill, Jimmy and Tom at various times. William joined the Salvation Army and swore off alcohol from 1867. He died aged 91 and is buried in Addington Cemetery.

With grateful thanks to the Addington Coffee Co-op.

Addington Times

The production of Addington Times is a joint project of Manuka Cottage/ Addington Community House Inc. and Addington Neighbourhood Association. Funding towards cost of production is kindly provided by the Spreydon-Heathcote Community Board.

Editor: Doreen Darnell. E-mail: addington.times@gmail.com
Our copy deadline is the 14th of each month, but early submissions are appreciated.

Pdf copies in colour are available on application to addington.times@gmail.com or view on-line at www.addington.org.nz

© Copyright remains with individual contributors.
Photos in this issue, where not credited, © the editor, *Addington Times*. Signed articles represent the opinions of the writers.

The Voice of the Addington Community



August 2016

The Spreydon/Heathcote Community Board Recognises Addington Volunteers

Next year, Community Boards will undergo a reshuffle to represent the ever changing distribution of the local population, so now is the time to acknowledge the wonderful support from we have had from our local Community Board, as they in turn have supported and recognised the many dedicated volunteers who give their time and expertise to support our community. This year, on June 28, it was the turn of two dedicated, long-time stalwarts of Addington, Allan Hudson and Eric Lilley.



Allan Hudson



Eric Lilley

Photos: Allan Hudson (left) and Eric Lilley (right) with their Community Service Awards at this year's awards ceremony.

Allan has been an active member of the Addington community for 20 years. He is the Bishop's Warden and Community Outreach Officer of St Mary's Church. In this role, Allan has been the main driver of activities in Addington such as Neighbourhood Week, Addington Fun Fair (with co-leaders), Beth Hodgson Pancake Race, Community Carols, Peace Concert, twilight fairs and concerts, and Heritage Week.

Allan works collaboratively with Manuka Cottage on community events and has been a serving member and past chairperson of the Addington Neighbourhood Association. In these varied activities, Allan brings people in the community together from all walks of life. He works tirelessly, doing everything to a high standard, and he has been responsible for obtaining and sourcing funding for numerous community events.

Eric has been a member of the Addington Neighbourhood Association for over 20 years, and was Treasurer for 12 of those years.

Eric has run the Addington Neighbourhood Association's trailer hire programme for 16 years, storing the trailer and administering the booking hire. The trailer is for community use for local Addington residents.

Eric also helps deliver the Addington Times to homes in the local community when it is published monthly.

The Addington Neighbourhood Association and Addington community have benefited from Eric's significant voluntary service.

Citations provided by the Spreydon/Heathcote Community Board.



addington.net is now based at St James Presbyterian Church—corner of Barrington and Bewdley Streets.
Open: 10am-12 noon, and 1-3pm.
For bookings or more information,
call 9627244 or e-mail info@addington.net

addington.net

addington.net is now mobile and out and about in the community. We are available to work with other groups and organisations in the community to meet the technology learning needs of their clients and staff. Please contact Lynda Sawyers, our Community Liaison Coordinator, to find out more about how addington.net can support your group or organisation. Tel. 962 7244 or 022 098 3482 or e-mail lynda.sawyers@gmail.com

We also continue to provide access to computers and the internet, as well as learning sessions, from the addington.net home base .

ADDINGTON NEIGHBOURHOOD ASSOCIATION

The ANA Meeting at St. Mary's Church, June 29, 2016 had a good turnout of people which was great to see. Our guest speaker, Dave Wilkinson, from Neighbourhood Watch gave a great talk on various ways the community can benefit from the programme. Some ways include less crime, getting to know your neighbours, disaster preparedness, caring for one another, etc. There is another arm of Neighbourhood Watch which enables children to take part in activities that encourage community spirit, pride and safety.

Elissa Smith is the new Junior Neighbourhood Support Co-ordinator for Christchurch. Ten primary schools are taking part, including Addington School. There are Support Teachers and Student Leaders at each school. Children are encouraged to care for others in the community as well. This is a great programme to belong to.

Heritage Week is October 14-24 and a man who has found glass bottles, etc, at archaeological digs on properties that were demolished, has offered to put on a small display at St. Mary's. The offer is not finalised yet.

Trees less than 100 years old are not necessarily protected by the City Council. This was found out during the recent demolition of Enfield Villa, when a lovely large walnut tree was taken out, even though admittedly it was well over 100 years old. Probably only heritage trees have a chance of being protected unless diseased or proving a safety hazard.

A warm welcome is given to newcomers at meetings. The A.G.M. is on 25 August (6.30pm at St. Mary's Church, Church Square). Those wanting voting rights need to pay \$5.00 membership before or on night of the A.G.M.

Laureen Hand

Marie Zittersteijn

The *Addington Times* exists thanks to the support of its volunteer helpers. Some create it and others, such as Marie Zittersteijn, deliver copies around our suburb's streets. Addington's the area she lives in, but more precisely, her home is in one of two residences in her street that are operated by St John of God. That's a Catholic, not-for-profit, provider of disability, youth and social services. Marie's house gives purpose-built accommodation for six people with high needs disabilities. The neighbouring property houses five residents, also with high needs. 'They were the first two houses to be built in this cul de sac which used to be part of the Addington Showgrounds. All the other houses in the street are privately owned,' Marie says.

Back in the day, Marie and people with disabilities like her would probably be living in a large institution. In 2016 she can happily live in a house much like everyone else's. She is matter-of-fact: 'I am in care but this doesn't look like a facility.'

Marie has lived in or near Addington all her life. She is happy to be where she is but is frustrated as the mobility needs of people with disabilities are still being ignored. She says there is an example on Lincoln Road, near the intersection with Barrington Street, where there is an elevated area of footpath. There is a ramp up and down to this but it is too steep for her wheelchair to negotiate. She is having an on-going battle with the City Council. 'I use the cycle lane. I am not allowed to do it but I do it for my own safety. The ramp is too steep and some of the safety rails are not up'.



Marie gives another example of disregard for the vulnerable: 'It's near the Salvation Army in Poulson Street. There are yellow tiles on the road there. They tell the blind where to cross but cars park on them. A blind person will bang into that car. There is an on-going problem with wardens not doing their job.'

Apart from her deliveries of the *Times*, Marie belongs to several groups. Not least of these is Manuka Cottage. She attends the weekly Women's Days where she loves to do arts and crafts. Marie also belongs to the Disabled Person's Assembly and an inter-denominational congregation. And she is also one of the invaluable volunteers who bring the *Addington Times* to its readers.

Di Boyd

Photos below show, L-R, the city end of the footpath ramp along Lincoln Road; a view along the length of the ramp, and an example of the yellow tiles that are designed to help the disabled at crossings, and should not be obscured.



TUNE INTO RADIO ADDINGTON AT 107.5 FM.



Photo left: clients of the Helen Anderson Trust in exercise uniform.
© Helen Anderson Trust



Addington TimeBank and the Helen Anderson Trust

The Addington community is home to the Helen Anderson Trust, a remarkable organisation with a fascinating history. The Trust's aim is to nurture the independence and personal confidence of the adults with intellectual disabilities who use their day services by providing opportunities which reflect each individual's interests.

A few months ago, staff from the Trust and the Addington TimeBank began talking about how each might contribute to the success of the other's goals. The Helen Anderson Trust joined the TimeBank in February to start to feel out how this might work.

The staff at the Trust engage the people it works for in activities that increase their participation and integration in the community, and already there is a group who take part in the weekly fruit and veg packing for the local co-op. Here was an immediate way the Trust could exchange time credits with Manuka Cottage who actively reward the hours of local packers for the valuable work they contribute.

Brainstormed ideas have included the people at the Trust earning credits by doing carwashes; learning about and helping to guide the local historical walk; helping with the clotheswap (sadly now defunct due to loss of storage space); and community gardening (which they already do in Linwood). They could also 'spend' credits on TimeBankers who would be willing to help them learn skills such as baking, craft and exercise, painting, photography or woodwork.

We think the collaboration between the TimeBank and the Helen Anderson Trust will produce interesting and fruitful results, not just for the individuals whose lives gain direction through the Trust, but also for the TimeBank, individual TimeBank members and the community as a whole.

Gen and Chrys. Contact us on addington.timebank@gmail.com or 0211 345 802 (Gen); 0272 868653 (Chrys).

Nau mai, haere mai! Whanau tupu ngatahi.

The local Playcentre playgroup, which has been meeting (and playing) in Addington School hall every Tuesday morning (9:30-11:30am), has an exciting term of child-focused excursions lined up. All parents and caregivers of babies and preschool children are welcome to join us for some fun exploration and friendly company.

The programme for August includes:

- Tue 2nd Aug, Riccarton Bush visit (or Airforce Museum if wet).
- Tue 9th Aug, Airforce Museum (or Riccarton Bush if we missed out last week).
- Tue 16th Aug, Playcentre Association Building (17 Buchan St), Plaster 'Paris' hand prints.
- Tue 23rd Aug, Playcentre Association Building (17 Buchan St) - finishing the plaster 'Paris' hand prints.

For more information, including carpooling options, please feel free to contact Marion - 021 186 9398 or Ally - 021 304 988

Manuka Cottage Addington Community House Incorporated

Operating from St Mary's Church

Activities Co-ordinator: Dianne Fitzgerald

A warm and friendly place for you to enjoy, run by the community for the community.

- Mon** 10am Walkie Talkies Walking Group
10am-1pm Coffee n Chat—10c per cup
11am Parlour Games, Jigsaw Corner, etc.
11am-1pm Art Group (limited places)
- Tues** 10.30am- 3pm **Women's only Day**
Morning tea, Bits and Bobs Projects, Bring and Buy
12 noon Shared lunch
1pm Craft Group - gold coin donation
- Wed** 10.30 -11.30am cuppa n chat
12-1pm Community Lunch - gold coin donation
11am-1pm Manuka Trading Post Timebank
11am-2.30pm Manuka Fruit and Vege Co-op
Collect your order and pay \$15 for the next
- Thurs** 10am Addy-venturers Walking Group
10.30am-12 noon Writers' Group
10am-12 noon Café 10c per cup, 20c biscuit
12.30am-2.30pm Mothers' Community Programme

New activities and groups will arise from time to time. Our goal is to help you to have a sense of belonging and connection in your neighbourhood.

Everybody is welcome and accepted.

Cherylan Davies, Community Development Worker.

ADDINGTON BUSINESS ASSOCIATION

Contact Dean at:

addington.business@gmail.com

Megan WOODS Member of Parliament for Wigram



P 338 6347 or 338 6307
E megan.woods@wigram.org.nz



Labour

Authorised by Megan Woods MP, Shop 8/12 McCarthy Street, Christchurch

TORU CONCERT

Live acoustic Celtic music will fill St Mary's Church on Saturday August 13th when Toru play.

Concert promoter, Addingtonian Dave Mitchell, says the band was formerly known as Rua and has reformed as Toru — the Maori word for 'three'.

Toru is Denny Stanway-Young, James Wilkinson and Davy Stuart. They will be joined by special guests Chris Priestley, Nigel Gavin and Cameron Bennett. (Readers may know that name from television.)

Denny and Chris are from 1990s Auckland band, Acoustic Confusion; Nigel Gavin is a member of the Jews Brothers.

Dave Mitchell describes Rua's music as 'cutting edge'. 'They toured world wide and released award-winning albums to critical acclaim during the 1980s-90s.'

Dave says the St Mary's audience will enjoy the acoustic sound of the re-named band's Celtic influenced music. They will play from 8pm. Tickets are \$15 waged and \$10 unwaged.



ANA Trailer hire: phone Eric, 981-5252.

DON'T FORGET

Heritage Week is
14 -24 October 2016.
This year's theme is
'hidden treasures'.

TESTING THE TASTE BUDS

The Hai Sing Takeaway is not a food outlet you judge by its cover. If you were to do this, then you would miss out on what I have come to enjoy as one of my favourite takeaways.

The portal through which you enter this place is just a humble door, but it will open your taste buds to foods from China, Indonesia, Malaysia and of course New Zealand.

I have eaten here three times since I have come back to Christchurch and have found the fare consistent in price, quality and quantity. Mama San, or whatever she calls herself, is welcoming, and is patient while the clients work out their order.

I have just come back from living in Indonesia, so if it does not have chillies ...The first dish that I bought was a chicken fried rice, and I asked for this to be medium spicy. I enjoyed the fact that they made the effort with the spices, however on a scale of one to ten it was about 3 to 4. The second dish was Bami Goreng, an Indonesian dish of fried noodles. I enjoyed the spices in this as well as the over all taste and presentation. The third dish blew my head off, but I enjoyed it very much.

Ashley King



At 344 Lincoln Road, Hai Sing Takeaway occupies the one-time site of Mr Morris's Grocery Store.

KEEPING ADDINGTON BEAUTIFUL

After last year's successful event during 'Keep NZ Beautiful Clean-up Week', we will gather again in Addington, this time at the Addington Cemetery entrance (Selwyn Street) on Saturday 17th September from 9.30-11.30am – initially for a briefing from CCC park staff on how we can volunteer and participate in a bit of a tidy-up on the day. All ages are welcome.

The event will also assist in promoting awareness, interest and pride in one of the Christchurch's most historic cemeteries and reserves. There will be a BBQ at end of the clean-up.

The event is co-ordinated through KPNZB, Addington Neighbourhood Association and St. Mary's.

Any enquiries please phone 9677036 or 3744337. More details next month.

Allan Hudson



Deliverers Required!

Do you enjoy getting the *Addington Times*? Would you like to make sure others receive their copy? Feel the need for exercise and enjoy the outdoors? Want to give back to your community?

Then we need you!

We are looking for Deliverers to deliver the *Addington Times*. We need people who are reliable and will get the job done!

If you are interested please leave a phone message for Dianne on 03 9815974

This is a local volunteer position

For locals by locals!

Fruit and Vegetable Packs at Manuka Cottage—Great Value!

For some years Manuka Cottage in Church Square has been taking orders for the fruit and vegetable packs which are collected by our customers every Wednesday. A few months ago, the price of the packs increased from \$13 to \$15, as it was discovered they had been running at a loss. It was sad to see the number of orders fall sharply.

In recent weeks I decided to purchase a pack myself, and when the order arrived, I picked one at random. I weighed everything, and checked that evening what the equivalent item would have cost, had I bought it at my usual supermarket. I had expected that buying at the supermarket would cost me a little extra. Wandering round, noting the figures down, I felt sure the difference was only going to be only a few dollars. I was gobsmacked when I totalled the result to discover that my \$15 pack on the 8th June would have cost me \$30.62.

I decided to repeat the exercise with my pack for June 22. To be fair, I weighed each component of my pack. If items at the supermarket were selling in a different size pack, I adjusted the price accordingly and allowed for 'specials'.

That week you could have saved \$1.78 at the supermarket if you bought spring onions and cabbage together, and I thought the kumara there were probably better quality than the ones in my pack, but judicious peeling soon removed the few minor defects.

My \$15 pack from the Fruit and Vege Co-op contained:

Lemons	\$4.99
Apples	\$3.00
Pears	\$2.20
Bananas	\$4.90
Spring onions	\$2.79
Yellow capsicum	\$3.00
Cabbage	\$3.99
Kumara	\$5.30
Pumpkin	\$2.49

Total cost at the supermarket = \$32.66

As indicated earlier, you could reduce this by buying both spring onions and cabbage together, but that is still excellent value at \$30.88.

The packs themselves are a practical useful mix of seasonal items that most people would eat, based on the idea that if food is made more affordable, they will have a better diet. This in turn has health benefits. One client told us she has been taken off cholesterol medication since she started on the packs, which she attributes to her improved eating habits. Along the way, savings are made using the power of bulk buying from the markets, and having volunteers pack and distribute the weekly produce. These savings are passed onto you.

We are at Manuka Cottage, faithfully taking your orders every Wednesday between 11am and 2.30pm. You can order a pack weekly, fortnightly, or just occasionally if you prefer. Some people share their order with a friend or neighbour. It's up to you. Come and have a look for yourself. Just be assured, I have been out and compared the prices and the saving for you is astounding.

Tim Redwood



Photo, Left: Tim Redwood, on the right, with Ian Rawson, left, are in charge of the distribution of fruit and vegetables at Manuka/St Mary's on Wednesdays.