**Addington Times** Page 8

#### **OLD ADDINGTON:** Boys and Girls

I was intrigued to receive a copy of the photo of the Hearfield Family that John Wilson has located for his forthcoming history of Addington — Local Lives. The photo was taken in 1903 and it tells us a great deal about this Addington family. I have highlighted a small portion here—putting emphasis on three of the six children shown in the larger photo on our front cover.

The family is shown outside their smart Addington home, but a wider social picture is also reflected in the photograph. The part of the house that we can see is covered in timber planking as were most of the early homes, but Addington was also a centre of ironwork, and the attractive ironwork above the verandah bears witness to this.

Manufacturing and sale of bicycles was also important. This was a logical extension for the local metal worker, and although manufacturing declined, the sale of bicycles in Addington continued until very recently. Fleet Cycles was still operating when the 2011 quake reduced its premises to rubble, but the shop continued on couple of years ago.

sturdy boots, while girls have light shoes or sandals. coming. (Ed.)



another site in Lincoln Road near the railway Women had gained the vote in 1893, but in 1903 crossing until it finally moved into the city just a there were big differences in society's expectations of boys and girls. The boys' clothing is plain and serviceable; the girls have frills and bows. In those I was interested to see that the girl's bicycle shown days boys were expected to be family breadin the larger picture has a chain guard to protect winners while girls were expected to marry and her skirt, while the boy's has a sturdy cross-bar, look after home and family. Looking back, we know because he wears the trousers. He also wears that equality of opportunity would be a long time

#### Addington Times

The production of Addington Times is a project of Manuka Cottage Addington Community House Inc. in partnership with Addington Neighbourhood Association. Funding towards cost of production is kindly provided by the Spreydon-Cashmere Community Board.

Delivery issues contact: manukacottage@gmail.com **Editor: Doreen Darnell.** 

E-mail: addington.times@gmail.com

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Pdf copies in colour are available on application to addington.times@gmail.com or view on-line at www.addington.org.nz

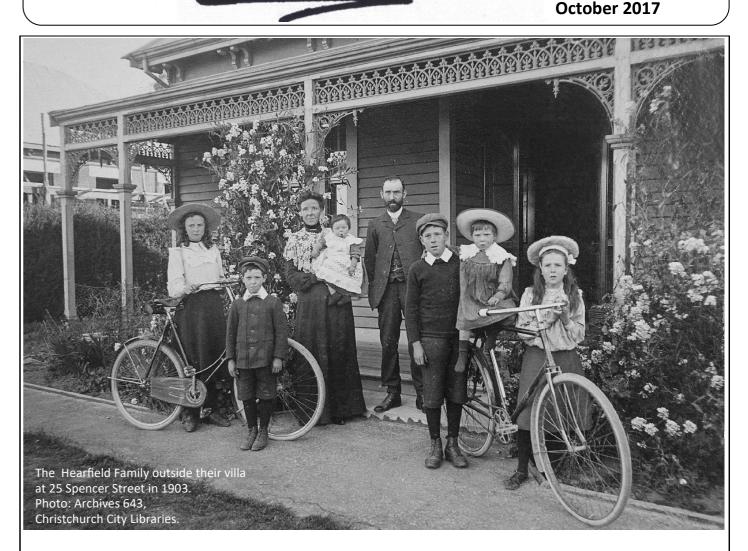
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#### The Voice of the Addington Community

# Addinaton Times



#### **LOCAL LIVES: A HISTORY OF ADDINGTON**

Historian, Dr John Wilson, was commissioned some years ago by the Addington Neighbourhood Association to produce a history of Addington. Since the 2010 and 2011 earthquakes, the completion of this work has been of increasing importance for locals, and the ANA is now delighted to announce that the book is due for publication on November 16 this year.

The history book was a particular project for former ANA chairperson, Julie Derrick, and ANA history buff, the late Dave Gorton. Latterly, Graham Robinson has been heavily involved. Our thanks go to all those who have worked with John Wilson to ease it along its path.

The above photograph is one of over 140 black and white illustrations and maps in Local Lives. Place your order now to take advantage of the special pre-publication price of \$40. (From November 16, the cost will be \$50). See p2 of this issue of the Addington Times for details of how to order.

TUNE INTO RADIO ADDINGTON AT 107.5 FM.

Page 2 Addington Times



We are based at Lighthouse
Baptist Church on the corner of
Barrington and Bewdley Streets.
Open: Mon-Fri, 10am -12 noon, and 1-3pm.

Addington.net offers expert assistance in all aspects of computer use at minimal cost. For bookings, call 9627244 or e-mail: info@addington.net.nz

#### addington.net

Our AGM for 2017 was held at our current base on September 9, and Chairperson, Wendy Butcher, was very pleased to welcome several new members to the Board.

This bodes well for the future because our Community Computer hub now embraces all things digital, and though its heart is still in Addington, it is being called upon to help communities further afield. This helps us, in turn, to remain viable in difficult times.

Addington.net is a unique organisation, run by a Trust Board, staffed mainly by a group of talented technical volunteers, and funded by a range of generous benefactors. It remains the only low-cost digital community hub, in the city—a great boon to ordinary citizens trying to get to grips with an increasingly complex digital world.

#### LOCAL LIVES: A History of Addington by John Wilson

Published by Addington Neighbourhood Association and printed by Caxton

Hard-bound , approx.  $245 \times 297$ mm, with approx. 320-370 pages of 128gsm satin paper, containing text and over 140 black and white illustrations and maps .

This book will be available for purchase at \$50 per copy from 16<sup>th</sup> November 2017.

A special pre-publication price for the book, of \$40 per copy, will be available until 15<sup>th</sup> November 2017. Books must be paid for in full at time of ordering and collected from the ANA in November.

#### How to order:

Post the Order Form with a cheque to Addington Neighbourhood Association, St Mary's Church, 21 Church Square, Addington, Christchurch 8024.

Scan the Order Form and bring it (with cash or cheque) to the ANA meeting at the above address at 7pm on the last Wednesday of the month .

Scan the Order Form and e-mail to <a href="mailto:addingtonhistory@xtra.co.nz">addingtonhistory@xtra.co.nz</a> You will receive an order number and bank account details for payment.

Write your order and contact details in an e-mail to addingtonhistory@xtra.co.nz

——————————————————————————————————————	
ORDER FORM: LOCAL LIVES: A History of Addington by John Wilson	
NAME:	
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E-MAIL:	
No. of copies required @ \$40 each —————	- COST \$
No. of copies required @ \$50 each —————	- COST \$
No. of copies posted @ \$6.50 extra each —————	- COST \$
	TOTAL \$

Page 7 Addington Times



## St John Car Park Garage Sale

Back in January this year, the *Addington Times* introduced you to the newly-opened St John Community Shop. This can be found in the beating heart of Addington, on Lincoln Road near the corner with Spencer Street.

The store sells top-notch pre-loved goods and enjoys a lot of success. There has been such a big response to calls for things to sell, that some of the furniture and electrical goods are being sold at a garage sale area behind the shop. Readers may remember the site as the home of 'Addington Demolition'.

In addition to the usual six-day-a-week sales, four times a year there is also a Saturday 'Carpark Garage Sale'. The goods in this garage sale aren't priced and are sold on a cash-only 'make an offer' basis. (The usual Garage Sale's goods are priced. They can be paid for with cash at the garage sale building or by eftpos or cash at the store.) All profits from the garage sales and the shop go to support the work of St John, Christchurch.

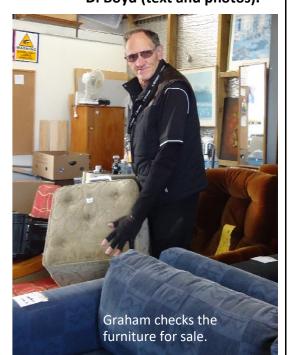
I went along to see the Garage Sale area — which is literally just around the corner from the shop — and met St John volunteer, Graham Galbraith. He says all the electrical goods have been checked to ensure they are safe to use and he encourages anyone looking for a bargain to come and browse.

Garage Sale Hours: Mondays 9-4pm. Tuesdays: 8.30am—12.30pm.

Wednesdays and Thursdays: 9am—4pm.

Fridays: 8.30am—12.30.pm Saturdays: 10am—4pm.





Di Boyd (text and photos).

Page 6 Addington Times



#### ADDINGTON TIMEBANK

Our members exchange their time helping others in order to 'purchase' the help that they themselves need. Members don't have to make a one-to-one exchange. Just advertise what you can offer and/or the help you are looking for, and see who responds.

You can join us either on-line at <u>www.addingtontimebank.org</u> or come to our community centre, Manuka Cotttage (currently based at St. Mary's, Church Square) 11am to 1pm on a Wednesday, and have chat to Chrys.

#### **Beca Heritage Week**

Tuesday 17th October, 7-8.30pm At St Mary's Church, Church Square, Addington.

We will gather to share stories and info about the the Lyttelton Railway Tunnel. David Welch, will be launching his book *Port to Plains: Over and under the Port Hills - the story of the Lyttelton Railway Tunnel* on the Monday, and he has also kindly agreed to talk at our event about this. (David's book will be available to purchase or order.)

There will also be talks about the Addington Railway Water Tower restoration project (Gareth Wright), and about the Bean Family.

For 40 years, Rev'd Walter Bean was a priest in Addington and Richard Seddon loved to find his way back to Addington—Why? (John Wilson).

Also - finding our way back to celebrating 50 years since the Beatles recorded 'Sergeant Pepper's Lonely Hearts Club Band' album (Patrick Doyle sings some of their music).

Buns, tea and coffee for supper.

Free event.

Allan Hudson

## The faeries are having a picnic

...and you're invited!
Saturday 14th October, 12 noon till 2 pm

We'll be meeting at St Mary's Church, Church Square, Addington, and we'll be playing games like 'Faerie, Faerie, where's your door?', Sneaking up on The Wizard, and Duck, Duck, Goose.

We'll also have a fairy garden tour, free face painting, giant bubbles and hula hoops!

Please bring a picnic blanket and something to eat and drink. We will be baking some treats (scones, slices and biscuits), but not providing a full lunch.

This event is open to all faeries and friends, young or more mature.



Page 3 Addington Times

## Manuka Cottage Addington Community House Incorporated

Operating from St Mary's Church
Activities Co-ordinator: Dianne Fitzgerald
A warm and friendly place for you to enjoy, run by the
community for the community.

Mon 10am Walkie Talkies Walking Group 10am-1pm Coffee n Chat—10c per cup 11am Parlour Games, cards, etc.

11am-1pm Art Group (limited places)

Tues 10.30am- 3pm Women only Day

Morning tea, Bits and Bobs Projects, Bring and
Buy

12 noon Shared lunch

1pm Craft Group - gold coin donation

Wed 10.30 -11.30am cuppa n chat

12-1pm Community Lunch - *gold coin donation* 11am-1pm Manuka Trading Post Timebank

11am-2.30 pm Manuka Fruit and Vege Co-op
Collect your order and pay \$14 for the next

Thurs 10am Addy-venturers Walking Group

10.30 am-12 noon Writers' Group

10 am-12 noon Café 10c per cup, 20c biscuit

12.30-2.30 pm Mothers' Community

Programme

New activities and groups will arise from time to time. Our goal is to help you to have a sense of belonging and connection in your neighbourhood.

Everybody is welcome and accepted.

Cherylan Davies, Community Development Worker.
Ph: 338-2591, or visit us at our temporary location at St Mary's, Church Square, Addington.

### KEEPING ADDINGTON BEAUTIFUL

In spite of clouds and showers and then lovely sun, we had a great turn -out to this year's event for Keep NZ Beautiful week at the Historic Addington Cemetery.

It was well organised by Gareth and Allan with great assistance from Mandy Black from the Christchurch City Council

Thanks to all who attended.

## ADDINGTON NEIGBOURHOOD ASSOCIATION

**Accessible Survival Kits** are all up and running. For more information, see: addington.org.nz

We have two trailers that we hire out to the local community. We have the best rates around. Contact Eric in the evenings if you are after a trailer.

Our meetings are held on the last Wednesday of the month, 7pm at St Mary's Church. All welcome.

Sarah McKenzie, ANA Chairperson.







Page 4 Addington Times

### Marie's Corner

Looking out for people with disabilities

TOTAL MOBILITY is Marie's big issue this week. She has sent us details of all the approved total mobility agencies available in our area as well as the participating transport operators.

#### **APPROVED TOTAL MOBILITY AGENCIES IN OUR AREA:**

Dementia Canterbury — ph. 03-379-2590

Amputee Society of Canterbury & Westland Inc. — ph. 03-382-1873

Arthritis New Zealand — 03-366-8383

Cancer Society — ph. 03-379-5835

CCS Disability Action Canterbury & West Coast — ph. 03-365-5661

Aspire Canterbury (former Disabled Persons) — ph. 03-366-9093

Environment Support Canterbury (for Community Support clients) — ph.03-365-3828

Epilepsy NZ, Canterbury & West Coast — ph. 0800-374-537

IDEA Services, Christchurch — ph. 03-341 – 9200

NZ Spinal Trust — ph. 03-383—6881

Multiple Sclerosis and Parkinson's Society, Christchurch — ph. 03-366-2857

Muscular Distrophy Association, Canterbury — ph. 03-377-8010

PAINZ (Pain Action in New Zealand) ph. 03-366-0716

Parafed Canterbury — ph. 03-385-4449

Blind Foundation — ph. 03-375-4300

Stroke Foundation NZ Ltd., Southern — ph. 03-381-8500

#### PARTICIPATING TRANSPORT OPERATORS:

Blue Star Taxis
ph. 03 379 9799
Driving Miss Daisy
ph. 0800 948 432
First Direct
ph. 03 377 55
Gold Band Taxis
ph. 03 379 5795

Total Care Mobility ph. 03 351 1599 or 027 413 5242



#### **UNDER A CELTIC MOON**

On Friday 27th October the doors of St Mary's Church in Addington will be open to welcome Scottish born Celtic Soul Blues artist Isabella (Izzy) Miller Bell, aka Ma Bell & Guests, to present a concert entitled *Under a Celtic Moon*.

*Under a Celtic Moon* is the second in a series of three final shows in the Christchurch Pop up Concert Series, a highly successful 6–year, post-EQ, artist-led project which has been touring around Canterbury and the South since 2011.

Ma Bell introduces the infamous Madame Tragédie – a blues siren and storyteller with a hat full of lotions, potions and wild, wild, notions designed to drive out your demons and troubling emotions. Her accomplices include two of the South's leading exponents of the blues and fingerstyle guitar tradition: Jon Maxim Hooker and Susan Grant. They will be joined by Jazz great, John Bevin, on piano with some special pop-in guest appearances.

Join Ma Bell aka Madame Tragédie & Accomplices on a musical odyssey through the many shades of the blues in search of a paradise lost, with no stone left unturned from birth to death and all the juicy bits in between.

Cost \$20 includes light refreshment. Pre Bookings: 021 178 1107 / 384 4177

David Mitchell

Page 5 Addington Times



# SUNSHINE AND ROSES OR DOOM AND GLOOM?



From time to time in every person's life, one can experience a negative impact to their mental health. Sometimes it is just a general malaise you just can't shake off. You feel flat, empty, grumpy, and intolerant and you hope for better times. Sometimes it may be in the form of grief. You have experienced loss in some form like a death of a significant person or much loved pet, job restructuring or loss of a position, a breakdown in a meaningful relationship etc. and life becomes meaningless, empty, a burden and you look for the time the pain of your loss will become bearable. Sometimes it is something more serious such as experiencing anxiety, panic attacks, paranoia, depression and other experiences that are negative and it's not that you don't hope for better times, it's more that you don't have hope.

In all these scenarios help is readily available and accessible. The first two scenarios, though emotionally painful, can be endured to the point that the load begins to lighten, thanks to the rigours of everyday life, family, friends, exercise, good food and personal interests. It is when it turns into something more that you need support.

In the first instance talk to your GP. They will have resources that will assist you and there is no shame and no blame. There are many other resources available to you such as:

Lifeline (open 24/7) ph. 0800 543 354

**Depression Helpline** (open 24/7) ph. 0800 111 757

Healthline (open 24/7) ph. 0800 611 116

Samaritans (open 24/7) ph. 0800 726 666

**Suicide Crisis Helpline** (open 24/7) ph. 0508 828 865 (0508 TAUTOKO). This is a service for people who may be thinking about suicide, or those who are concerned about family or friends.

**Youthline** (open 24/7) ph. 0800 376 633. You can also text 234 for free between 8am and midnight, or e-mail: talk@youthline.co.nz

**0800 WHATSUP** children's helpline - phone 0800 9428 787 between 1pm and 10pm on weekdays and from 3pm to 10pm on weekends. Online chat is available from 7pm to 10pm every day at www.whatsup.co.nz.

**Kidsline** (open 24/7) ph. 0800 543 754. This service is for children aged 5 to 18. Those who ring between 4pm and 9pm on weekdays will speak to a Kidsline buddy. These are specially trained teenage telephone counsellors.

Rural Support Trust ph. 0800 787 254 (0800 RURAL HELP)

Alcohol Drug Helpline (open 24/7) ph. 0800 787 797. You can also text 8691 for free.

For further information, contact the Mental Health Foundation's free Resource and Information Service (09 623 4812).

Please talk to someone. This dark patch will not be so dark soon. We all need someone and regardless of how you feel you are not alone. If you notice that someone you know is struggling in some way reach out and let them know you are there. A simple 'hello how are you' is a start. Even though we are unique, the one thing we have in common regardless of ethnicity, back ground, socio-economics, education or religion is our humanity. We all want to belong and we want to have hope. **Cherylan Davies, Community Development, Addington.** 

Mental Health Awareness Week 2017, 9-15 October 2017.