

ADDINGTON TIMES

THE VOICE OF THE ADDINGTON COMMUNITY.

APRIL 2009.



IN RESPONSE TO A LETTER TO THE EDITOR (PAGE 2), NATE CULL SHOWS HOW SIMPLE IT IS TO HELP KEEP YOUR NEIGHBOURHOOD CLEAN AND TIDY WITH LITTLE EFFORT.

COMMUNITY DIARY

Pin this to your fridge and watch for these upcoming local events.

FRIDAY 3rd APRIL Sallies Family Store Easter Sale.

See back page fore details.

WEDNESDAY 22nd APRIL Mystery double-decker bus trip.

More info on page three.

WEDNESDAY 29th APRIL. Monthly Addington Neighbour - hood Association meeting. Held at 7.30 pm Manuka Cottage ,Dickens street.

ANZAC DAY SERVICE Sat. 25th APRIL.

10.00 A.M., All welcome to gather at St. Marys Church in Church Square



" The production of the Addington Times is a joint project of the Addington Neighbourhood Association and Manuka cottage, Addington Community House and Community Marketing. Funding towards production costs is kindly provided by the Spreydon- Heathcote Community Board. Printng by Addington Print" Contact the Editor, Dave , at community.marketing@yahoo.co.nz

Letter to the Editor

COMMUNITY CONSCIOUSNESS

I am trying to make people more conscious of the area they live in. Do you deliberately make your own house dirty?

To most people the answer is NO! So, that being so, why does Addington sometimes look so dirty? Why are the gutters littered with discarded rubbish and broken bottles? If you need to get rid of rubbish why not put it in one of the public rubbish bins, or better still, how about putting it in your own rubbish bin? With the new rubbish disposal system now operating, there should be no reason to use the public rubbish bins at all!

Have you considered that the more work you give to the City Council, the less money they have to spend on things like Swimming Pools, Skate Board Parks, Drag Strips, and so on. Also, the money wasted on painting over your graffiti could be better spent elsewhere. So, the next time you are tempted to throw your rubbish out of the car window, drop it on the street, or scrawl over other people's property, STOP

Think how you could be benefiting from the money, needed to clean the mess up, being spent on something useful and enjoyable to you and the community.

David Greet

Note The opinions voiced in letters to the editor are not necessarily those of the editor or associated groups.

If you have something to tell Addington, contact me on
community.marketing@yahoo.co.nz

THE FINAL WORD ON NUTRITION: After an exhaustive review of the research literature, here's the final word on nutrition and health.

1. Japanese eat very little fat and suffer fewer heart attacks than us.
2. Mexicans eat a lot of fat and suffer fewer heart attacks than us.
3. Chinese drink very little red wine and suffer fewer heart attacks than us.
4. Italians drink excessive amounts of red wine and suffer fewer heart attacks than us.
5. Germans drink beer and eat lots of sausages and fats and suffer fewer heart attacks than us.
6. The French eat foie-gras, full fat cheese and drink red wine and suffer fewer heart attacks than us

CONCLUSION: Eat and drink what you like. Speaking English is apparently what kills you.

(This was read at the Committee House Party and is printed as requested)

addington.net

Need a new job?

Does your CV need updating?

Do you need to write a letter to apply for a job?

Do you need to update your computing skills?

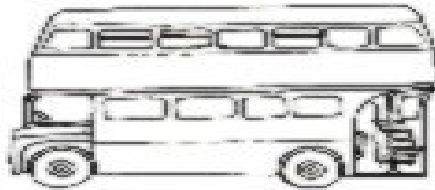
Addington.net offers assistance with the use of computers and advice so you can complete applications for employment. We offer a photocopy service and very low cost internet and printing. Our friendly staff can help you to enrol in a free computing course.

Manuka Cottage



All Aboard !

Mystery Double Decker Bus Trip Wednesday 22nd April



ALL WELCOME

The bus will depart from the Cottage at 10.30 am.

Please meet at the Cottage by 10 am.

Lunch provided

A Gold Coin Donation would be appreciated.

We will return at 2.30 approximately

If interested in joining us please leave your name at the Cottage. Phone 3381613.

NEW HARVEST TRUST. APRIL @162 LINCOLN RD COMMUNITY HELP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTE: Work base activity available daily - Work Team Activity (Daily) - Gardening - Furniture Restoration - House Maintenance - Yard Maintenance		1 Guitar Lessons 10.30am (Please ring to book) Beauty Hour Makeup & Nails 1.30-2.30pm	2 Walking Group - 10.30am Arts & Crafts- 1.30-3.30	3 Community Lunch Gold Donation "Pumpkin Soup" 12pm Fun Afternoon 1.30-3.30pm "Chinese Whispers"
6 Community Lunch Gold Donation "Sandwiches" 12pm Walking Group-1pm	7 Baking 10.30am "Easter Special Goodies Box" Arts & Crafts- 1.30-3.30pm	8 Guitar Lessons 10.30am (Please ring to book) House Meeting 1pm - 2pm	9 Video Workout - 10.30am Arts & Crafts- 1.30-3.30pm	10 <u>Easter Friday</u>
13 <u>Easter Monday</u>	14 Baking 10.30am "Ginger Crunch" Arts & Crafts- 1.30-3.30pm	15 Guitar Lessons 10.30am (Please ring to book) Beauty Hour Makeup, Hair & Nail 1.30-2.30pm	16 Walking Group - 10.30am Arts & Crafts- 1.30-3.30pm	17 Community Lunch Gold Coin Donation "Curried Sausages" 12pm Fun Afternoon 1.30-3.30pm "Darts"
20 Community Lunch Gold Coin donation "Spagetti Bag" 12pm Walking Group- 1pm	21 Baking 10.30am "Coconut Ice Slice" Arts & Crafts- 1.30-3.30pm	22 Guitar Lessons 10.30am (Please ring to book) <u>Women Day- by Invitation Only</u>	23 Video Workout - 10.30am Arts & Crafts- 1.30-3.30pm	24 Community Lunch Gold Coin Donation "Bacon & Egg Pie" 12pm Fun Afternoon "Video Afternoon" 1.30-3.30pm
27 Community Lunch Gold Coin donation "Toasties" 12pm Walking Group- 1pm	28 Baking 10.30am "Caramel Slice" Arts & Crafts- 1.30-3.30pm	29 Guitar Lessons 10.30am (Please ring to book) <u>Social Outing Going to the Movies: 12pm</u>	30 Walking Group - 10.30am Arts & Crafts- 1.30-3.30pm	 <u>All Welcome</u>

MAY DAY

20009
Fun for all ages.

Advanced Notice

Celebrations will be held this year on Sunday, 3rd May commencing at 12.00 (noon) in Church Square.

Some of activities include
petanque, quoits, tennis-ball, cricket,
treasure-hunt(spot prizes), etc.

gumboot throwing



Free BBQ sausages and bread.
Bring your own picnic lunch.
Tea and coffee will be available.
(If wet will have food inside church.)



Event supported by St.Mary's Church, Addington Neighbourhood Association.

HOP RIGHT ALONG TO THE..

HUGE EASTER SALE



**FUN &
BARGAINS**

**SAUSAGE
SIZZLE**

**LIVE MUSIC
BY "GEORGE AND
ELAINE"**



SALLIES FAMILY STORE

300 LINCOLN ROAD

**FRIDAY NIGHT
3RD APRIL**

6.00 p.m. – 8.00 p.m.

See you there

HELLO MUM

“When I die “ said the little old lady, “ I want to be cremated and my ashes are to be scattered in the shopping mall”.

“The shopping mall ?” asked the lawyer. “Why ?”.

“ Because at least then my daughter will come to visit me every week” was the quick reply.
Smart Mother.