

OLD ADDINGTON: The Library

The Addington library was a busy place in its heyday. It was opened in January 1919 with support from Local MP and Councillor, Henry George Ell, and under the leadership of Edward Parlane, who was to become the library's president until 1930. The library was on Lincoln Road in front of the Addington prison, beside the old Post Office, and the police house. They were all demolished about the same time, the old library having been damaged by fire shortly



beforehand. I have been told that the library was used as a vegetable shop during the last few years of its existence.

If any reader has any information, memories or photos of this (or other Addington buildings) please let me know, as we at Addington Times would like to preserve our heritage and local history for future generations.

Dave Gorton

kidsfirst
kindergartens
It's where local kids come
to play, learn and have fun

Kidsfirst Kindergartens Selwyn Street offers places for three and four year old children. Our kindergarten plays a significant role in providing quality early childhood education with 100% trained teachers. We have full day sessions 8.30-2.30 and morning sessions 8.30-11.30 Monday to Friday. We provide a welcoming, caring environment which focuses on life-long learning for children. Please feel free to visit us to see if our kindergarten is what you are looking for. **We are currently enrolling three year olds.**

Kidsfirst Kindergartens Selwyn Street: 366 Selwyn Street, Addington, Christchurch 8024.
Tel: 03 366 3472. Cell: 207 5508419. Email: Selwyn@kidsfirst.co.nz

CANTERBURY RED CROSS

The local Red Cross is helping residents to keep warm and to deal with the on-going effects of post-disaster stress. They have a number of winter warmer packs to give away, so if you know of a worthy recipient, please call 0800 754 726 or e-mail :

winterwarmer.packs@redcross.org.nz

Packs include a blanket, socks, gloves, soup, hot chocolate and other items, plus a Dr Rob Gordon DVD with tips on coping with stress.



A free time exchange system.
Addington.timebanks.org

Help others for a time credit and use your credit to "buy" help from others. Join for \$2 and receive three time credits on registering. Ask at Manuka/St. Mary's Church (Mon-Thurs.)

Addington Times

Contact the editor if you have a good idea for an article or if you have suggestions for future editions. Advertising for the local community is welcome. Our copy deadline is the 14th of each month. Addington Times is available in colour online at : www.addington.org.nz
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AUGUST 2013



ADDINGTON WELLBEING Working for the Community



Photo: Traffic problems mounting in Lincoln Road

Once a month, Addington Community Development Worker, Cherylan Davies, calls a meeting of representatives of agencies working within the Addington Community to consider community concerns.

At the July meeting it was noted that Brian Boddy of the Capital Project Group, Christchurch City Council has called for urgent responses to the Council's proposed solutions to our traffic and parking problems.

PROPOSED PARKING AND NO STOPPING REGULATIONS FOR CONSULTATION

You will need to look at a map to check whether you support or oppose the proposed parking restrictions for your own street, and whether you support or oppose the parking plan in its entirety. Restrictions include 60 minute parking along Lincoln Road between Bernard and Spencer Streets. Feilding, Parlane, Dickens, Emerson, Collins, Ward and Selwyn Streets will have 120 minute parking in total or in part. Some streets will have no stopping. These include the perimeter of St Mary's Church ground and some dangerous corners. (Please check the Key to the Council's map which is in colour).

The parking plan may deal with some of your problems but it may create others. For example, some people have expressed concern that cars may start parking outside the school, preventing parents from dropping off and picking up their children safely. Please consider the options very carefully.

If you received a copy of Megan Wood's original survey, you should receive a copy of the new proposal and your response must be received by 5 August. If you do not have a copy, ask at addington.net (shop 5 Addingtown Mall), or Manuka/St Mary's.

Addington Wellbeing Community Representatives:

The Addington Wellbeing meeting in July was attended by the following representatives of community organisations.

Phil Clearwater is Chair of the Spreydon Heathcote Community Board, among other things he is working with MP Megan Woods on local traffic and parking problems. Jay Sepie, a Community Board member has responsibility for networking with older adults, liaison with the Red Cross and also with Residential Advisory Services and Tenants' Protection. Trish Hughes from the Department of Internal Affairs works in support of community groups and deals with applications for grants. Michael Cocks, is secretary of the Addington Neighbourhood Association, and Dave Gorton is a member of the Neighbourhood Association. Dianne Fitzgerald supervises daily programmes at Manuka Cottage/Addington Community House. Amanda Wallis organises the Addington Timebank and is involved with August Parenting Week programmes. Louise Deane works for Concure, an organisation that supports people with mental illness, and Esther Kirby from the Helen Anderson Trust, works with people with intellectual disabilities. Marja Blom runs addington.net, a computer centre that runs training programmes for all ages and gives support to individuals who otherwise have no computer access. Your Addington Times editor was also privileged to attend.

THE SALLIES - Caring for our most vulnerable.



Left: Accommodation Centre. Right: Poulson Street drop-off and collection centre



Left: The Sallies Family Store in Addington Mall

The Salvation Army in Addington currently supports its activities through sales in the Sallies Family Store in Addington Mall and in its Collection Centre and furniture store in Poulson Street. Their programmes are many and varied, both in Addington and in the wider city.

The Salvation Army's strong presence in Addington began back in 1896 when Addington was shabby, industrial, and home to a prison. Its ex-inmates could find shelter with the Sallies in Poulson Street.

In 2013 much about Addington has changed but the Sallies still do their invaluable work and are an active part of the local community. They continue to provide a roof for those most in need at the Supportive Accommodation Centre in deepest Addington. The accommodation is part of a sprawling complex found beside and behind the Sallies' second-hand furniture shop at 62 Poulson Street, occupying the site of the early Immigration Barracks.

The Centre Manager, Pip Mills, says one of the buildings, "Poulson", was originally built to house ex-inmates of Addington Prison and its current role has echoes of that. It is now a centre for men affected by a complex combination of needs. They most often have been through the justice system. The men tend to be young and may have one or more addictions to work through. They often have limited social skills and don't cope well with the things life throws at them like marriage break ups and job losses. There is single room and dormitory accommodation at Poulson and currently there are 30 men living there. Without Poulson, homelessness would be the reality for some.

Pip explains that over time the earlier residents at Poulson aged, but were not easy to accommodate in standard rest homes. Thus, the Salvation Army's Eventide Rest Home developed. The Salvation Army later sold its rest homes and on May 12, 2003, Eventide started operating as "Emerson". There are 33 beds there. Because it was a rest home the rooms are all singles. The residents at Emerson tend to stay for longer than at Poulson – an average of about ten years. They don't necessarily have addictions but do generally have mental health issues. Both Poulson and Emerson are staffed 24:7.

When the Psychiatric Hospital at Hillmorton (formerly known as Sunnyside Mental Hospital) and homes for the intellectually disabled wound down or closed during the 1990s, residents who didn't settle well in the community could be helped at Emerson.

There are also ten self-contained bedsits and a house for four men. Residents do their own cooking but live in the supportive environment of the complex. They are there for a fixed term of 12 months by which time they may be ready for a council flat or home from Housing New Zealand. While some men may be ready for that, single men have very little chance of securing either, and the earthquakes damaged or destroyed a lot of the low-priced bedsit and hostel accommodation in the inner city.

There is also off-site accommodation in Bealey Avenue. A former motel is currently home to five residents who lived at the Poulson Street Accommodation Centre. There are no paid workers on site but the residents are monitored by other staff in Addington.

The Poulson Street complex has a total of 21 full and part time staff. That figure includes all staff – trained specialists, office, cooking, an accountant – everyone.

It provides a home for some of those people who most in need and its future in Addington seems assured.

Di Boyd

TUNE INTO RADIO ADDINGTON AT 107.5 F.M.

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Manuka Cottage Community House

Operating from St Mary's Church
Manager: Dianne Fitzgerald

A warm and friendly place for you to enjoy, run by the community for the community. Pop in for a cuppa, use the many resources available and join in the activities.

Mon	9.15am	Walkie Talkies Walking Group
	11am	Parlour Games, Jigsaw Corner, etc.
	12-1.30	Coffee n Chat
Tues	9.30-1	Women's Only Day
	10-12 noon	Bits n Bobs
	10am	Bring and Buy
	9.30-12	Addington Playgroup
	12- 1pm	Go-Ssip and coffee
Wed	11-12 noon	Pop in for a cuppa!
	12-1pm	Community Lunch <i>Gold Coin Donation</i>
	11am-3pm	Manuka Fruit and Vege Co-op
		collect your order and pay for the next
	11am-3pm	Manuka Hub Addington Time Bank
Thurs	9.15am	Addy-venturers Walking Group
	10-12 noon	Café <i>20c per cup</i>
	10.30-12	Ideas & Action
	12.30-2.45	Mothers' Community Programme

Unless stated our activities and groups are free.

New activities will arise from time to time. Our goal is to help you to have a sense of belonging and connection in your neighbourhood. **Everybody is welcome and accepted!**

Cherylan Davies

Community Development Worker ph: 338 2591

addington.net

We now have ultrafast Broadband!

addington.net now has ultrafast Broadband, so come and enjoy it. We also have Wi-Fi, so feel free to pop in with your tablets and laptops.

In other news, we've kick-started our Digital Art Club for adults. With only a gold coin donation everyone's welcome to come and have a go, whether you want to try some basic graphic design, create your own greeting cards, or even try a hand at enhancing your photos. It's time to get in touch with your creative side, so pop in to see us on Tuesday evenings from 6:15p.m. to 7:30p.m. We'll run regular workshops and the first one will start on 6 August. We will cover the basics of graphic design using GIMP which is freely downloadable from the internet.

Shop 5, Addington Mall, 300 Lincoln Road, Christchurch
info@addington.net.nz www.addington.net.nz



CVs to Go

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Sandra Warner
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Megan WOODS
Member of Parliament Wigram

Constituents wishing to make an appointment can contact me:
Phone 3656 173, or
email: megan.woods@wigram.org.nz



A local voice for Addington people

ADDINGTON NEIGHBOURHOOD ASSOCIATION

Our Annual General Meeting
will be held at St Mary's Church, Church Square,
on Wednesday, 28 August, at 7pm.

All Addington residents and business people
are welcome to attend